

PHYSICAL EDUCATION & SPORT COACHING USING THE OLASCOAGA METHOD

BE YOU

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CUSTOMISED SPORTS PROGRAM

WHAT?

We are experienced providers of customised physical education and sports programs. We tailor each program to you specific needs. These programs have been created to develop, improve and advance all students in your classroom. The programs are based on managing multi-level skilled classes as the concepts can be used to build confidence and self-esteem within students when playing sports, developing competitive abilities, and enjoying individual achievement whilst working within a team environment.

We don't believe in the phrase "One size fits all". Our approach is based on research and cutting-edge teaching methods that will help you and your students to reach their goals faster than you previously imagined possible.

The programs are fun and engaging developing students skills and game sense.

Programs include:

- Handball
- Basketball
- Cricket
- Volleyball

Soccer

Netball

- AFL
- Rugby
- Touch Rugby
- Fitness
- Table Tennis
- Cycling

Book Now!
CUSTOMISED SPORTS PROGRAM
We fit into your timetable



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