

SPORTANDI

PHYSICAL EDUCATION & SPORT COACHING
USING THE OLASCOAGA METHOD

BE YOU

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PROFESSIONAL DEVELOPMENT FOR PERSONAL TRAINERS

WHAT?

Fitness for kids is the future!

In our workshop, you will learn how to teach kids fitness in an enjoyable and captivating way using games instead of drills as part of The Olascoaga Method for physical education, fitness and sport. You will gain knowledge using cutting-edge teaching techniques that engage kids to be active.

This workshop will provide you with a toolbox full of ideas using the game sense approach. Teaching fitness to primary school children can fill in extra hours on your timetable to possibly provide you with more work opportunities. A certificate of completion is available at the end of the workshop, which are CECs workshop approved by Fitness Australia and Physical Activity Australia.

Book Now !

PROFESSIONAL DEVELOPMENT FOR PERSONAL TRAINERS We fit into your timetable

BOOK NOW:



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